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A Resource Digest for People Considering Youth Mentoring

If you want to make a positive difference in your community, youth mentoring is one of the best options. You can help guide young people to success while also experiencing an emotionally rewarding connection. It's a chance not only to help today's young people, but by shaping them in a positive manner, you help future generations.

To help you get started, here are some tips and tools to help you build a strong foundation for your mentoring journey.

Understand the Benefits of Youth Mentoring

Ready to feel better about yourself, your community, and the future? Recognizing the advantages of mentoring with a youth-focused organization will get you motivated.

- Learn how [mentoring benefits young people](#), for example, by boosting their self-esteem.
- Also, educate yourself about how [being a mentor can help you](#), for example, by improving your understanding of children and honing your empathy.

- Finally, read up on [how mentoring benefits entire communities](#), for instance, by cutting the numbers of high school dropouts.
- Kids need responsible adults to help them learn basic life skills – [like whether to dust or vacuum first](#) – and not all of them have that essential guidance.

Improve Your Leadership and Communication Skills

Not only will mentoring help youth, but it offers amazing benefits to you. Become the best mentor possible by following these simple hacks.

- Develop your leadership skills with tips like taking initiative, building negotiation skills, and learning to delegate.
- Improve your education to boost your confidence and further give you a boost in the leadership field. Online degree options offer flexibility so you can mentor and study. And through the [procedures of a bachelor of science in education](#), you can learn more about how kids learn and how best to support them.
- Further boost your self-esteem as a mentor by taking part in [activities like speaking clubs](#), which enhance your communication skills.
- Master the art of active listening to make sure [your mentees are being heard](#).
- The skills you practice as a mentor can help you build your résumé; [create it fast with this tool](#) and then apply those skills towards building your career.

Look for Ways to Spread the Word and Get Others Involved

Kids are the future, but adults hold the keys to shaping them in a positive manner. Make your community stronger by getting more people into youth mentoring.

- Start [a blog to share your personal experiences](#) about mentoring with the world.
- Make [your community more inclusive](#), creating a safe space where mentors and mentees can meet.
- [Choose a highly walkable area](#) and organize an awareness campaign.
- [Engage in mentoring activities](#) with your mentee that get them out into the community, raising awareness about the options for mentorship.

Make a Positive Impact in a Child's Life

Mentoring kids in your community can be beneficial for young people – and be very rewarding for you. Look for ways to get involved and choose a role that is right for you. Use the resources above to get started.

Are you searching for fulfilling opportunities to help young people? There are abused, neglected, and abandoned children that need your help. Connect with [Arizonans for Children](#) to learn more about how you can make a critical impact in their lives.